

WORKtran·si·tions

October 26, 2001

Dr. Alex Fedorov
57 Danada Square East
Wheaton, IL 60187

Dear Dr. Fedorov:

As a person who had never chosen chiropractic care, I was hesitant to start at 56 years old. But when you came to me at the health club (as I was lying on the floor in pain...), I was impressed with your gentle manner and insightful questions. So, it was with a little less trepidation that I made an appointment to see you.

The fact that you removed chronic back pain that I have had for 20 years is only part of the story. I am grateful for the comprehensive approach you took to my care in the following ways:

- Explaining everything you were doing (or going to do) so I would be less apprehensive and better informed about the process.
- Providing written information for me to take home and study further
- Addressing problems not directly related to my back situation
- Taking the time for soft tissue work and heat/electrical applications prior to adjustments
- Teaching me exercises to avoid future back problems
- Suggesting herbal/non-drug supplements to deal with inflammation
- Educating my health club personal trainer so she could reinforce your instructions

Your approach and style have empowered me to be a better manager of my own health. Thus, you have freed me rather than making me dependent on you for long term treatments. You are a true role model for the chiropractic profession!

I am only sorry about one thing – that I didn't find someone as talented as you are sooner! Thank you for (literally and figuratively) touching my life.

Sincerely,



WorkTransitions Partners, Inc.